

'Holy Kitchens' to Screen at Sikh Int'l Film Festival

By a Staff Reporter

NEW YORK — A new documentary set to premiere at the 7th International Sikh Film Festival and Heritage Awards takes viewers inside the sacred Golden Temple in Amritsar, India, for an in-depth look at the way the temple feeds 80,000 vegetarian meals a day, making it the busiest kitchen in the world.

Writer-narrator Andrew Blackmore-Dobbyn is joined by Dr. Deepak Chopra, Mr. and Mrs. Sant Singh Chatwal, Teji Bindra, Aroon Shivdasani, Vishaka Desai, Mandeep Sobti and Her Highness Preet Kaur, who offer their insights during the 16-minute film. "Holy Kitchens: True Business" is part of a series about the nexus between spiritual and physical

sustenance, and is directed by Daljit Singh and Parminder Pal Sandhu.

The film is just one of 12 thought-provoking items in the lineup this year. Also set to screen during the two-day festival Oct. 22-23 are "Harvest of Grief," directed by acclaimed activist filmmaker Anwar Jamal; and "The Rebel Queen" by Michael Singh.

The second day of the festival will be dedicated to short films, including the powerful "Nothing Is Impossible," "Cancer Express," "Riding the Tiger" and "Why? We Are Killing our Daughters," all screening in competition.

A Heritage Gala will feature entertainment by noted choreographer Rujuta Vaidya and bhanga sensation Sikhbir. The honorees for the 2010 Heritage Awards

are Raj Babbar (for Vision), Padmashree Vikramjit S. Sahney (for Leadership), and Arpana Caur (for Art).

Announcing the 2010 festival and gala, Tejinder S. Bindra,

president of the Sikh Art and Film Foundation, said: "At only the seventh year of its inception the Sikh Film Festival has grown phenomenally. I feel much pride in witnessing the interest of young

Sikhs in our culture and their enthusiasm in participating in this event."

For more information, visit the Sikh Art and Film Foundation online at www.sikharts.com.



A scene from the 16-minute documentary "Holy Kitchens: True Business," which will have its world premiere at the Sikh International Film Festival in New York Oct. 22.

Sheetal Makes it to 'Masterchef' Finals on FOX



LOS ANGELES — Sheetal Bhagat, a 37-year-old teacher from Chicago, made it into the tension-filled final round of "Masterchef," the FOX reality show starring chef Gordon Ramsay (r). She lost out to chef Whitney Miller in the two-hour season finale, which aired Sept. 15. Looking back over her experience on the show, Bhagat reflected, "The thing that stands out most was when we had to handle, cook and take apart a crab. I didn't even know where to begin, and I had a big fear of failure, but I overcame that fear and it was one of the biggest hurdles I had to conquer while I was there, but I'm so glad that I was able to do it." (Greg Gayne/FOX photo)

Aamir Khan to Release Two Projects in Britain

LONDON (PTI) — Bollywood superstar and producer Aamir Khan is looking to capture audiences in Britain by releasing two of his films, "Peepli (Live)" and "Delhi Belly."

"Peepli (Live)," which is produced by Khan, is the first Indian film to compete at the Sundance Film Festival and will target Britain's art house audiences this

month.

"Peepli (Live) has the potential to engage an audience outside our usual audience in the United Kingdom. We're trying to reach out," said Khan.

The actor-producer is planning to release his upcoming comic caper, "Delhi Belly," entirely in English.

SLASHED PRICES LEAD TO SALES AT SERRAWOOD, SUNNVALE

Reductions of up to \$50,000!

Furnished Model Homes Included in Sale

Serrawood Offers Live / Work Opportunity in the Heart of Silicon Valley

The census bureau reported that half of all businesses are run out of the home. Serrawood in Sunnyvale offers the perfect opportunity to live and work out of your home. Plans range from 960-1575 square feet and offer up to three bedrooms. Many of the two bedroom plans have a study or office.

"We have reduced prices from up to \$50,000 at Serrawood, in Sunnyvale," says Sheila Donald, ReMax sales agent. "We are offering a great opportunity to get a new home in the heart of the Silicone Valley".

Eleven Homes remain, five of which are furnished models.

"Our homes offer a great solution for a busy

working lifestyle. They are conveniently located in the heart of the Silicone Valley work center, just off of East Duane Avenue and De Guigne", added Donald.

New Homes Sold From Receivership

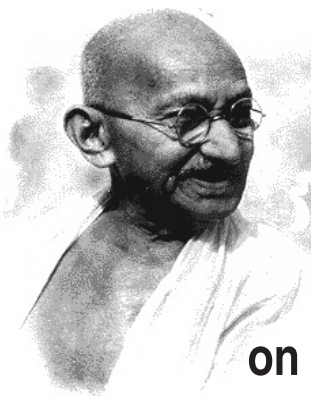
"We are offering a tremendous value in the marketplace," said Taylor B. Grant, receiver of the project, whose loan is held by the Bank of America. "There is an effort to sell these homes quickly because they are being sold out of Receivership. It makes for a great opportunity to own a new home and be conveniently located".

All of the units have access to personal courtyards and/or balconies, alarm systems, and attached garages.



Serrawood is located at the corner of DeGuigne Drive and East Duane Avenue in Sunnyvale. For additional information, call Sheila Donald at (925) 242-8932 or go to www.serrawood.com.

"NO NATION SHOULD BE DIVIDED IN THE NAME OF RACE OR RELIGION"
(Kchauhan1990)



JAGRITI

A community outreach non-profit organization invites you to celebrate **GANDHI JAYANTI 2010**

on Saturday October 2, 2010

@ J. J.'s Indian Chinese Cuisine

11454 South Street, Cerritos, CA 90703. Tel 562-402-1654

12.00 noon- 3.00 PM. Luncheon will be served

A panel of Distinguished Speakers, Moderated by Dr. Parvin Syal, will address :

"The Plight of Minorities in Asia in General and South Asia"

Please RSVP by Sept 30, 2010 as seating is limited.

Kamlesh Chauhan: 562-569-3957

Lou Terotola: Loujuanez@yahoo.com

PLEASE COME AND SHARE YOUR THOUGHTS

"UNITY IS STRENGTH"